

**1st Sunday of Lent  
March 1, 2020**

**MASS INTENTIONS March 5-8**

Thur., 3/5, 9 am Mass, Loraine Weathers, R.I.P.  
 ?11:00 am Care Center Mass, Int. of Residents  
 Fri., 3/6, 9 am Mass, Larry Weathers, R.I.P.  
 Sun., 3/8, 9 am Mass, Ken Grimm, R.I.P.  
 2:00 pm Misa, Parish Intention  
 6:00 pm Mass in Frances, Parish Intention

**PARISH CALENDAR THIS WEEK**

**Sun., Mar. 1—9:00 am Mass in English.**  
 AND—10:15 am Kindergarten through 6th grade CCD & Junior/Senior High Youth Group  
 MORE—2:00 de la tarde Misa en Español  
 ALSO—5:30 pm Stations of Cross in Frances  
 AND—6:00 pm Mass in Frances

**Wed., Mar. 4—6:00 pm WHMA Ecumenical Soup Supper & Evening Prayer (Vespers) HERE at St. Lawrence**  
 AND—7:00 pm Rite of Election in Lacey

**Thur., Mar. 5—9:00 am Mass in the chapel**  
 AND—1:00 pm Altar Society meeting.  
 ALSO—6:00 pm Vespers, Eucharistic Adoration, & RCIA class

**Fri., Mar. 6—Day of abstinence from meat**  
 AND—9:00 am Mass in the chapel  
 ALSO—5:00 pm Confessions in Raymond  
 MORE—6:00 pm Stations of the Cross in Raymond followed by soup supper

**Sat., Mar. 7—4:00 pm RCIA class today**

**Sun., Mar. 8—9:00 am Mass in English**  
 AND—**NO** 10:15 am Kindergarten through 6th grade CCD or Junior/Senior High Youth Group due to **Midwinter Break**  
 ALSO—2:00 de la tarde Misa en Español  
 AND—5:30pm Stations of Cross in Frances  
 MORE—6:00 pm Mass in Frances

**STATIONS OF THE CROSS & OTHER LENTEN OPPORTUNITIES**

**Raymond: Fridays, 5:00 pm**  
 Eucharistic Adoration & Confessions  
 6:00 pm Stations of the Cross followed by a soup supper.

**Frances: Sundays, 5:30 pm**  
 Stations of the Cross followed by Mass at 6:00 pm

**WILLAPA HARBOR MINISTERIAL ASSOCIATION ECUMENICAL SOUP & BREAD SUPPER FOLLOWED BY EVENING PRAYER (VESPERS)**

This **Wednesday** at 6:00 pm **here** at St. Lawrence Church led by Jim Carney. Please come!

**LAY MINISTERS for March 8 at 9:00 AM**

Ushers:	Pat Heath	942-3868
	Bill Kennedy	875-6360
Lector:	Kathy Miller	875-5827
Euch. Min.	Kathy Remington	208-3865
	Toni Williams	875-5803

Servers: Richter Family & Smaciarz Family

If you cannot serve on your assigned day, please get your own replacement. Thanks!

**SAFE ENVIRONMENT CLASS**

If you work with children or vulnerable adults in our parishes and have never attended a live training, you are required to do so. This training will be at **St. Lawrence on Saturday, March 14, from 9am to 12 noon** in the double classroom. Sign up for the training at [Virtusonline.org](http://Virtusonline.org) or call Kelly Johnson at 360-875-8139 or email her at [kelly98586@gmail.com](mailto:kelly98586@gmail.com) to register or if you have any questions.

33rd Sunday in Fiscal Year, 02/23/2020

<u>St. Lawrence</u>	<u>02-23-20</u>	<u>Yr. to Date</u>
Offertory Gifts	555.00	43,167.12
<u>St. Joseph/Holy Fam.</u>	<u>02-23-20</u>	<u>Yr. to Date</u>
Offertory Gifts	492.00	19,653.70

## LENTEN REGULATIONS 2020

Ash Wednesday & Good Friday are days of FASTING & ABSTINENCE.

There is a limit of one full meal on these days for all those age 18 through 59. (Those 17 & younger, and those 60 & over, are not required to fast.)

### ALL FRIDAYS OF LENT

All who are 14 years and older are to totally abstain from eating meat.

Traditionally, Lent is a time of penance throughout the Catholic church.



It is also a time when prayer, fasting and alms-giving or charity are emphasized. In our parish, we have participated in the Catholic Relief Service RICE BOWL program, which encourages us to Pray, Fast, Learn about the poor and Give to those less fortunate.

I hope you will join us on this Lenten journey again this year!

FIRST WEEK OF LENT: Hunger in Our World When Jesus fed the 5,000, he said, "Give them some food yourselves." Reflect on the challenge of global hunger. How can you contribute to support the hungry in your community?

Visit [crsricebowl.org](http://crsricebowl.org) for more.

## NEW PARISH CLEANING INVOLVEMENT

Two women have taken care of most of the cleaning of our facility for several years, but they are no longer able to do it. **WE ARE ASKING ALL PARISHIONERS THAT ARE ABLE** to take a turn helping our parish.

We now have a list of chores—in English and in Spanish—that need to be done. There are also calendar pages so people can sign up to do a chore on a day that is best for them. Choose a chore you are able to do and put your name and the chore on the date you plan to do it. The calendar will show who is doing what so there is no overlap of people doing the same thing. The more people that sign up, the easier it will be for everyone! **PLEASE TRY TO HELP IF YOU CAN. Thank you** to those who have helped so far: Kathy Tully, Kathy Miller, Celia Sienko, Irene Silva, Ninosca, Fabiola, Carina, Guadalupe P., Anne Fenno and Lupe & Juan.

## TODAY'S READINGS:

Like Adam and Eve (Reading 1), Jesus was tempted, but did not sin (Gospel).

Our sinfulness (Psalm) is acquitted through one man, Jesus Christ, in whom we are justified (Reading 2).

Today the prayer list will start over. If you want a name on the list, please notify the parish office as soon as possible. Thanks!

### PLEASE KEEP IN YOUR PRAYERS

Fr. Steve Roman  
Cindy Yasunaka  
Jamie Chapman

Kelly Johnson  
Monique Walters  
Jody Karlsvik

Erik Stalvig  
Chris Stalvig  
For all suffering from Coronavirus

Del Brown  
Carole Halsan



**Our Holy Catholic Apostolic Church asks us to remember, reflect and Respond:**

**Lent is a religious time period of 40 days before Easter. The purpose of Lent is to draw people's focus to prayer, repentance, and renewal of faith. The purpose of Lent is the preparation of the believer for Easter through prayer, doing penance, mortifying the flesh, repentance of sins, almsgiving, and denial of ego. Lent 2020 begins Wednesday, February 26 ends Saturday, April 11. It has a profound spiritual meaning for Christians, as we honor Jesus' ultimate sacrifice by giving up something ourselves.**

And if you're among the many people who choose to forgo meat (including fish), milk, and eggs for Lent, you'll have a profound impact on the rest of the world. When you eat cruelty-free, you're saving lives, fighting poverty, and curbing climate change—so your conscience will be that much clearer.

**LENT**  
Pray + Fast + Give

**FEBRUARY 26, 2020 WEDNESDAY**

**Ash Wednesday is one of the most popular and important holy days in the liturgical calendar. Ash Wednesday opens Lent, a season of fasting and prayer. Ash Wednesday takes place 46 days before Easter Sunday, and is chiefly observed by Catholics, although many other Christians observe it too. It is a solemn reminder of human mortality and the need for reconciliation with God. Ashes are often used as a symbol of sorrow for sin in the bible.**

**7th Sunday in Ordinary Time**

**FEBRUARY 23, 2020**

1st Reading – Leviticus 19:1-2, 17-18

Responsorial Psalm – Psalm 103:1-4, 8, 10, 12-13

2nd Reading – I Corinthians 3:16-23

Gospel – Matthew 5:38-48

**Dear Friends in Christ,**

Love your enemies, easier said than done, no doubt. But, remember, the foundation of stewardship is prayer. When we are in close communication with God, it opens our heart and it turns our attention away from “me” and moves it towards God and others. It allows us to have a little more empathy for “our enemy”. When we pray for others, even “our enemies”, maybe it softens their hearts as well.

“So, Jesus instructs his disciples to be perfect, just as the heavenly Father is perfect. Can we really attain perfection with all our human weaknesses? Perfection is a goal of life, which we seek to achieve. The stewardship way of life, giving away the best of our time, talents and treasure to God for His glory and for the sake of others, is the path to holiness and perfection. Yet, it appears utterly foolish in the eyes of many.

Our Lord gives us several illustrations. When someone strikes you on your right cheek, turn the other one as well. If anyone wants to go to law with you over your tunic, hand over your cloak as well... love your enemies and pray for those who persecute you.” This is the kind of action and attitude that will make us “children of our heavenly Father.” This is the high bar of holiness to which our Lord is calling us. If your lifestyle and your priorities look a little foolish to the world around you, know that you're probably doing it right in God's eyes. At the same time, you will be filled with a peace that the world around you desperately needs. And your stewardship way of life may just draw those around to the heavenly Father and a life of holiness, too. St. Paul provides a reason for holiness, that is, the human person is that beautiful and magnificent temple in which God dwells.

The elderly American Indian chief who says to the young people that the inner struggle inside us are like two dogs fighting: a good dog and a bad dog. Sometimes, the good dog defeats the bad dog and at other times the bad dog defeats the good dog. After describing what the nature of the inner struggle, one of the young people asked the elder, “Which of these dogs eventually wins the fight?” The elder answers, “The dog you feed more.” This is to say that the quality of food we give to the soul supports us in our inner struggle.

Has anyone attained a level in life where he/she is impeccably holy? May be not. Holiness is not a destination, but a journey, a progressive shift in the art of goodness, a growth in our capacity to love, the ability and willingness to forgive, and the ability to respect the body. With God's grace, we can confidently press on in the stewardship way of life, aiming to be perfect as our heavenly Father is perfect. Our all-holy God desires it and deserves nothing less..

**Thanking you for participating in this Journey as friends,  
In the Friendship of Christ,**

**Rev Zevier Hirudayaraj Arockiam HGN**

Priest Administrator, Pacific County Catholic Parishes

(St Mary Parish, Seaview & McGowan Station,

St. Lawrence Parish, Raymond and St Joseph at Holy Family Parish, Frances)

[www.pccatholics.org](http://www.pccatholics.org)